



U.S. NAVY STYLE RED S.O.S.

1 lb. ground beef
1 med. onion, chopped
1/4 c. celery, minced
2 tbsp. flour
1 (20 oz.) can tomatoes, chopped
1 tsp. salt
1/2 tsp. pepper
1 c. water

1 tsp. garlic powder
1 tsp. Worcestershire sauce
6 slices of white bread, toasted

Brown beef, onion, celery; add flour. Mix thoroughly. Add tomatoes, salt, pepper and water, sauce and garlic powder. Simmer 1/2 hour. Serve over crisp toast. Serves 6.

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RECIPE BY TAM MCCLURE
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INSTRUCTIONS: PRINT ON
CARDSTOCK AND CUT OUT.



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